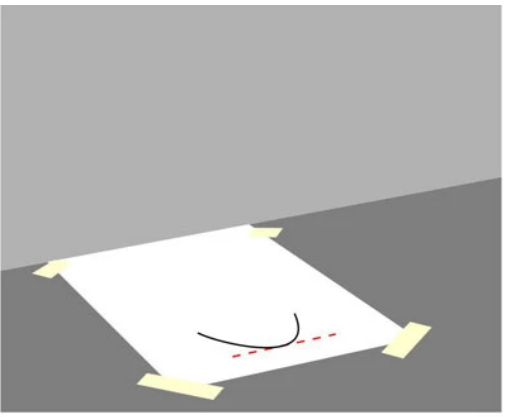


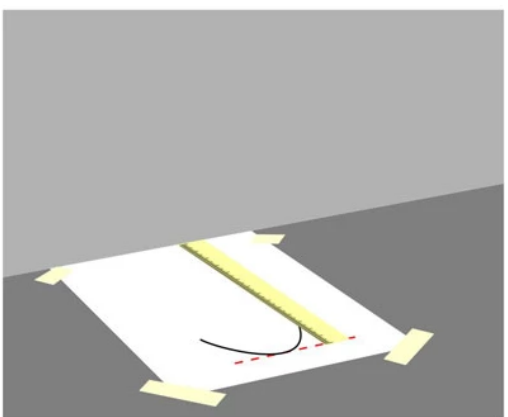
# Botas Sizing Guide - Ballet, Dance, Gymnastics



**STEP 1**  
Stand up straight on a hard surface with your heel against the wall and a piece of blank paper taped to the floor, flush against the wall beneath your foot.



**STEP 2**  
Have someone mark the longest part of your foot (referred to as heel-to-toe length) on the paper with a pen or pencil, or measure yourself if necessary. Repeat with the other foot, as right and left sizes may be different.



**STEP 3**  
Use a ruler to measure the heel-to-toe length you marked for each foot.

**Different brands depending on the origin country, have various sizing charts. Please follow the BOTAS official sizing guide to choose a proper size. If your size is in between two sizes, consider choosing a bigger size. BOTAS Ballet, Dance, Gymnastic shoes were designed only for medium width foot, if you have a wide foot, please consider selecting another brand of shoes.**

## Toddler and Youth Sizes

## Adult Sizes

FOOT LENGTH - INCHES	6 3/4"	6 7/8"	7 1/8"	7 1/2"	7 5/8"	7 7/8"	8 1/8"	8 1/2"	8 5/8"	8 7/8"	9"	9 1/2"	9 7/8"	10"	10 1/4"	10 5/8"
US SIZES	10	11	11.5	12.5	13	1	2	3	4.5	5	5.5	6.5	7.5	8	8.5	9.5
FOOT LENGTH - MM	170	175	180	190	195	200	205	215	220	225	230	240	250	255	260	270
EUR SIZES	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42